Greetings from the Diabetes Prevention & Control Program (DPCP) and welcome to the April 13th edition of the "DPCP FYI". Each FYI is received by over 350 diabetes care professionals in and around South Dakota. If you have trouble with the links or attachments, the e-bulletin is also posted on the DPCP website at http://diabetes.sd.gov. If you have suggestions for improvements to the FYI or if I can otherwise be of assistance, please let me know.

Colette

This issue's topics~

- MRCDE Spring 2006 Audioconference
- 2006 Dash for Diabetes in Aberdeen
- Honey, We're Killing the Kids! Television Series
- SD Continues to Have High Rates in Diabetes Care
- The Heart of Diabetes Campaign Puts the Focus on Diabetes Educators
- Diabetes Care Management System upgraded
- Free Life with Diabetes, 3rd Edition Curriculum

MRCDE Spring 2006 Audioconference

The Mount Rushmore Chapter of Diabetes Educators will present their Spring 2006 audioconference "Use of Symlin and Byetta in Diabetes" on May 4th. A limited number of sites are available. Call Mary Haan @ 605-322-8998 to register. The flyer can be viewed at http://diabetes.sd.gov.

2006 Dash for Diabetes in Aberdeen

The 2006 Dash for Diabetes will be held May 20th at Wylie Park in Aberdeen. This is a family fitness event, encouraging health and fitness as key components in preventing, treating and living with diabetes. Dash for Diabetes consists of a 5K/10K road race, a noncompetitive 5K walk and a kids' fun run. Further information is at

<u>www.averastlukes.org/astl/services/diabetes/charity/charityevents.aspx</u> or contact Cathy Birch Deics at (605) 622-5648.

Honey, We're Killing the Kids! Television Series

Honey We're Killing the Kids! (on TLC) offers a startling look at the causes of America's childhood obesity epidemic and issues a critical wake-up call for parents. In the series, nutrition expert Dr. Lisa Hark shows how everyday choices can have long-term impacts on children, and offers both the motivation and the know-how to help turn these families' lives around. Complete information about the series is at http://tlc.discovery.com/fansites/honey/honey.html.

SD Continues to Have High Rates in Diabetes Care

For the second year in a row, South Dakota met the Healthy People 2010 objectives for 2 or more A1c tests (goal of 65%) and dilated eye exams (goal of 76%). Only three other states, Maryland, Minnesota and Tennessee, also met these objectives in 2004. In 2003, SD joined 6 other states-Delaware, Hawaii, Massachusetts, Minnesota, New Hampshire and North Carolina in reaching the objectives. Recognition of your 2004 achievements was given by the Centers for Disease Control and Prevention, Division of Diabetes Translation at a recent meeting in Atlanta. Congratulations (again!) to all of you for the providing such a high level of care and helping those with diabetes live healthier lives. Keep up the good work!

The Heart of Diabetes Campaign Puts the Focus on Diabetes Educators

The American Heart Association's The Heart of Diabetes is a free program that educates people with diabetes about their risk of cardiovascular disease. Now there is a new section of the site for diabetes educators and professionals which contains downloadable tools, speakers' kits and patient education information. Further information is available at www.s2mw.com/aha/hodprologin.asp.

Diabetes Care Management System upgraded

The Diabetes Care Management System (DCMS) computer program has been upgraded and now includes a revamped Tobacco section, a couple new reports and enhancements to existing features. If you don't have DCMS and would like to investigate using this free program, contact Colette.

Free Life with Diabetes, 3rd Edition Curriculum

Several copies of the *Life with Diabetes, 3rd Edition* education curriculum (including the CD-ROM) are available from the DPCP free of charge. Let Colette know if you would like one sent to you.

If you have been forwarded this message and would like to become a regular recipient or if you no longer wish to receive this information, please email <u>colette.beshara@state.sd.us</u>.

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